

HIRAETH - Man

The MAN is sitting at a dining room table talking to his THERAPIST through a private, virtual session on his lab top computer. The man is rubbing his forehead once more.

MAN

I have a headache but otherwise good.

THERAPIST (V.O.)

Did you take some ibuprofen?

MAN

Yeah, I took some pills.

THERAPIST (V.O.)

How have you been since our last meeting?

MAN

Fine, I guess.

THERAPIST (V.O.)

You guess?

MAN

I mean I'm still not sure. I'm in this weird in-between emotional stage. I've just been trying to keep busy.

THERAPIST (V.O.)

Well I'm glad you're at least trying to stay productive!

MAN

(nods)

Yeah.

The MAN takes a quick sip of his coffee and grimaces from the taste.

THERAPIST (V.O.)

How does it feel when you don't have this motivation?

MAN

It's hard. It's really hard.

THERAPIST (V.O.)

What makes it hard?

MAN

The pain. The foreboding feel of it.

HIRAETH - Man

(beat)
And the fact that I can't seem to get
over what happened.

THERAPIST (V.O.)
Well, I'm sorry to hear that. Is this
foreboding feeling hindering you from
your day-to-day life?

The MAN nods in acknowledgment.

THERAPIST (V.O.)
Is there anything that you have tried
to keep yourself busy?

MAN
(slight chuckle)
Drinking.

THERAPIST (V.O.)
So, I know you've had a problem with
that recently. Not the best way to
keep yourself busy.

MAN
Yeah, I know.

THERAPIST (V.O.)
Especially, not with your health
condition.

The MAN ponders over what his therapist tells him and how his
health and his decisions are affecting him.